

Starting on Friday 5th May 2023



Music & Creativity Club

**Every Friday afternoon from 12:30 - 2:30pm
@ Sons of Rest Wednesbury**

What's it all about :

An afternoon where you can let loose and be creative.

Have a go at some fun music and creative activities at your pace :

- Improving Wellbeing
- Building Confidence
- Community Connections
- Learn Some Creative Skills
- Links to other support, advice and guidance.

Have a go and take part, with no pressure, just have some fun!



"Where words fail, music speaks"



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